



RED RIVER

WALKING TIMES FROM OLD MARKET SQUARE

0.2 MINS

2.5 MINS

5.10 MINS



GALLERIES

- 49** **aceartinc.**
2-290 McDermot Ave
204-944-9763
aceart.org
- 41** **Artbeat Studio Inc.**
4-62 Albert St
204-943-5194
artbeatstudio.ca
- 43** **Concourse Aboriginal Gallery**
224 Notre Dame Ave
204-943-2795
- 56** **CreBery Gallery**
125 Adelaide St
204-944-0809
crebery.com
- 39** **Fleet Galleries**
65 Albert St
204-942-8026
fleetgalleries.com
- 64** **Martha Street Studio**
11 Martha St
204-779-6253
printmakers.mb.ca
- 38** **Mayberry Fine Art**
212 McDermot Ave
204-255-5690
mayberryfineart.com
- 13** **PLATFORM Centre**
121-100 Arthur St
204-942-8183
platformgallery.org
- 13** **Poolside Gallery**
300-100 Arthur St
204-949-9134
videopool.org/category/poolside
- 49** **Urban Shaman Contemporary Aboriginal Art Gallery**
203-290 McDermot Ave
204-942-2674
urbanshaman.org
- 38** **Warehouse Artworks**
222 McDermot Ave
204-943-1681
warehouseartworks.net

MUSEUMS, THEATRES & ACTIVITIES

- 1** **Across the Board Game Cafe**
105-211 Bannatyne Ave
204-691-3422
acrosstheboardcafe.com
- 23** **Centennial Concert Hall**
444 Main St
204-949-3999
centennialconcerthall.com
- 13** **Cinematheque**
304-100 Arthur St
204-925-3456
winnipegfilmgroup.com/cinematheque
- 71** **Epic Escape**
300-112 Market Ave
204-452-7096
epicescape.ca
- 59** **Hepcat Studio**
300-72 Princess St
204-995-3489
winnipegswing.com
- 14** **The Manitoba Museum**
109 Rupert Ave
204-956-2830
manitobamuseum.ca
- 52** **Oseredok Ukrainian Cultural and Educational Centre**
184 Alexander Ave E
204-942-0218
oseredok.ca
- 47** **The Portal Virtual Reality Arcade**
707-281 McDermot Ave
204-815-4125
theportalwpg.ca
- 1** **Rachel Browne Theatre**
2nd Fl, 211 Bannatyne Ave
204-452-0229
manitobamusical.com/rachelbrownetheatre
- 25** **Royal Manitoba Theatre Centre (RMTc)**
174 Market Ave
204-942-6537
royalmtc.ca
- 8** **Ted Motyka Dance Studio**
460 Main St
204-989-0704
teddancestudio.com

FURNITURE & HOME ACCESSORIES

- 54** **Towne Cinema 8**
301 Notre Dame Ave
204-949-9357
landmarkcinemas.com
- 59** **Apartment 521**
521 Hargrave St
204-293-8900
- 65** **Blue Moon Furniture**
109 Pacific Ave
204-452-7096
bluemoonfurniture.ca
- 27** **Brick's Fine Furniture**
171 Bannatyne Ave
204-957-1211
bricksfinefurniture.mb.ca
- 40** **Hoopers**
70 Albert St
204-943-5240
shophoopers.ca
- 61** **HUT K**
200 Princess St
204-894-7639
hutk.ca
- 55** **Interior Illusions**
100-100 Princess St
204-925-4162
interiorillusions.ca
- 70** **Rubia Darya Gallery**
102-132 James Ave
204-223-5177
rubiadarya.ca
- 45** **African Food General**
245 Notre Dame Ave
204-414-9226
- 48** **Anna Lang Bridal**
100-70 Arthur St
204-942-6537
annalangofficial.com
- 6** **Generation Green**
100-433 Main St
204-808-9848
generationgreenwpg.com

SALONS, ESTHETICS & WELLNESS

- 15** **Into the Music**
245 McDermot Ave
204-287-8279
intothemusic.ca
- 9** **Natural Cycleworks**
Lower level, 91 Albert St
204-957-5762
naturalcycle.ca
- 45** **Noble Locksmith**
249 Notre Dame Ave
204-942-3703
nobelocksmith.ca
- 49** **pepō ceramics**
4th Fl, 290 McDermot Ave
204-891-2319
- 50** **A Pinch of Creativity**
296 McDermot Ave
204-227-8033
apinchofcreativity.com
- 14** **Red River Book Store**
92 Arthur St
204-957-1211
soGasArtisanSoaperie
- 12** **SoGa Artisan Soaperie**
86 Albert St
204-615-2284
soGassoap.com
- 40** **Tara Davis Studio**
246 McDermot Ave
204-504-8272
taradavis.ca
- 10** **Tiny Feast**
217 McDermot Ave
204-942-5889
tinyfeast.com
- 48** **Toad Hall Toys**
54 Arthur St
204-956-2195
toadhalltoys.ca
- 31** **U.N. Luggage**
175 McDermot Ave
204-943-1068
unluggage.com
- 17** **West Coast Kids**
103 Princess St
204-942-1237
westcoastkids.ca
- 59** **Western Paint**
521 Hargrave St
204-942-7271
westernpaint.ca

CONVENIENCE STORES

- 6** **Inner Convenience**
101-433 Main St
204-995-0779
- 60** **The Red River Mercantile**
119-160 Princess St
204-949-8367
- 68** **Sky Convenience**
25 Amy St
204-257-3078
- 73** **Alexandria Body Sugaring & Tanning**
E-228 Waterfront Dr
204-943-8701
alexandriabodysugaring.com
- 72** **Anchor Massage Therapy**
102-270 Waterfront Dr
204-415-3202
anchormassage.ca
- 28** **AVEDA Institute Winnipeg**
80 Rorie St
204-452-7380
avedainstitute.ca
- 49** **Crown + Beauty**
288 McDermot Ave
204-947-3766
crownandbeauty.com
- 39** **The Exchange Laser & Esthetics Shop**
307-63 Albert St
204-942-5605
exchange lasers.com
- 72** **Lash Love**
108-270 Waterfront Dr
204-949-9260
lash-love.com
- 49** **Metamorphosis Custom Tattoo and Piercing**
101-290 McDermot Ave
204-942-1565
metamorphosisbodyart.com
- 26** **Moda Fini Hair Designers**
179 Bannatyne Ave
204-956-1488
modafinisaalon.com
- 48** **Monique LaPlante, RMT**
246 McDermot Ave
204-229-0115
moniquelaplante.janeapp.com
- 38** **Saint Barbershop, Boutique & Brand**
75 Albert St
204-615-4247
wearesaint.com
- 68** **Wink Studio**
109-25 Amy St
204-960-9465
winkstudio.com

CONVENIENCE STORES

- 12** **The Haberdashery**
84 Albert St
204-256-3758
haberdashery.ca
- 44** **Hilary Druzman**
1-258 McDermot Ave
204-947-1322
hilarydruzman.com
- 40** **Lennard Taylor Design Studio**
246 McDermot Ave
204-272-9112
lennardtaylor.com
- 49** **Lot.15**
4th Fl, 290 McDermot Ave
204-990-1179
lot15creative.com
- 49** **Made by Josephine**
4th Fl, 290 McDermot Ave
204-947-3766
madebyjosephine.com
- 49** **Old Hat**
4th Fl, 290 McDermot Ave
204-330-5189
oldhat.ca
- 12** **Ordnyr Clothing**
233 McDermot Ave
204-504-6655
ordnyr.ca
- 40** **Studio 210 Vintage**
210-70 Albert St
204-880-5557
- 44** **Sutton Smithworks**
103-250 McDermot Ave
204-942-5236
suttonsmithworks.com
- 53** **Sydney Gitterman Furs Ltd.**
46 Princess St
204-943-9526
truonrthfursandoutwear.com
- 40** **Tara Davis Studio Boutique**
246 McDermot Ave
204-504-8272
taradavis.ca
- 49** **Wildier Goods**
4th Fl, 290 McDermot Ave
204-944-1386
goodlifefitness.com

FASHION & JEWELRY

- 75** **A Kavanagh Jewellers**
167 Lombard Ave
204-943-8153
- 33** **Birks Jewellers**
191 Lombard Ave
204-786-7468
maisonbirks.com
- 12** **Boutique Anya**
88 Albert St
204-416-1323
boutiqueanya.com
- 63** **Canada Games Sport for Life Centre**
145 Pacific Ave
204-925-5600
sportmanitoba.ca/ canada-games-centre
- 57** **Canadian Footwear**
128 Adelaide St
204-944-7463
canadianfootwear.com
- 49** **Commonwealth Manufacturing**
4th Fl, 290 McDermot Ave
204-223-6679
commonwealthmfg.com
- 12** **dconstruct**
84 1/2 Albert St
888-817-2946
dconstruct.ca
- 72** **Flaunt Boutique**
106-270 Waterfront Dr
204-942-8831
shopflaunt.ca
- 37** **GoodLife Fitness Centre**
201 Portage Ave
204-944-1386
goodlifefitness.com

VINTAGE, ANTIQUES & THRIFT

- 7** **Antiques & Funk**
474 Main St
204-943-4782
antiquesandfunk.com
- 59** **Apartment 521**
119-160 Princess St
204-293-8900
- 56** **ArtsJunktion**
312-B William Ave
204-942-5865
artsjunktion.mb.ca
- 52** **Canadian Goodwill Industries**
70 Princess St
204-943-6435
canadiangoodwill.ca
- 40** **Hoopers**
70 Albert St
204-943-5240
shophoopers.ca
- 40** **Studio 210 Vintage**
210-70 Albert St
204-880-5557
- 44** **Sutton Smithworks**
103-250 McDermot Ave
204-942-5236
suttonsmithworks.com
- 53** **Sydney Gitterman Furs Ltd.**
46 Princess St
204-943-9526
truonrthfursandoutwear.com
- 40** **Tara Davis Studio Boutique**
246 McDermot Ave
204-504-8272
taradavis.ca
- 49** **Wildier Goods**
4th Fl, 290 McDermot Ave
204-944-1386
goodlifefitness.com

FOOD & BEVERAGE

- 1** **Across the Board Game Cafe**
105-211 Bannatyne Ave
204-691-3422
acrosstheboardcafe.com
- 9** **Albert Street Cocktail Co.**
Main Fl, 91 Albert St
204-691-7580
cocktailcompany.ca
- 42** **Alycia's**
48 Albert St
- 10** **The Amsterdam Tea Room**
211 Bannatyne Ave
204-219-5398
amsterdamtearoom.com
- 34** **Bailey's Restaurant and Bar**
185 Lombard Ave
204-944-1180
baileysprimedining.com
- 216** **Bluish Japanese**
179 Bannatyne Ave
204-779-9888
bluish.ca
- 12** **Bodegoes**
102-211 Bannatyne Ave
bodegoes.com
- 17** **Bon Sushi**
3-100 Portage Ave
- 16** **Bronuts Donuts + Coffee**
3-100 King St
bronuts.ca
- 12** **Cake-ology**
85 Arthur St
204-612-9866
- 72** **Carnaval Brazilian B&B**
270 Waterfront Dr
204-505-0945
carnavalrestaurant.com
- 8** **La Carnita**
456 Main St
204-504-4522
lacarnita.com
- 16** **Chosabi Asian Eatery**
100 King St
204-615-8338
chosabi.com
- 89** **Cibo Waterfront Café**
339 Waterfront Dr
204-594-0339
cibowaterfrontcafe.com
- 19** **Clementine Cafe**
123 Princess St
(204) 942-9497
clementinewinnipeg.com
- 9** **Cordova Tapas & Wine**
93 Albert St
204-691-1900
cordovatapas.bar
- 30** **Corrientes Argentine Pizzeria**
137 Bannatyne Ave
204-219-5398
corrientes.ca
- 58** **Deer + Almond**
85 Princess St
204-504-8562
deerandalmond.com

RESTAURANTS & BARS

- 12** **Duke of Kent Legion**
227 McDermot Ave
204-957-0803
legion.ca
- 32** **Forth Bar**
Lower level, 171 McDermot Ave
forth.ca
- 32** **Forth Café & Restaurant**
102-211 Bannatyne Ave
forth.ca
- 27** **Hermanos Restaurant & Wine Bar**
179 Bannatyne Ave
204-947-5434
hermanos.ca
- 74** **Ira's Deli**
111 Lombard Ave
204-949-1116
- 4** **Jane's**
504 Main St
204-632-2594
janesrestaurant.ca
- 63** **Joe and Lily**
145 Pacific Ave
204-989-7700
wowhospitality.com
- 31** **Johnny G's Restaurant**
177 McDermot Ave
204-942-6656
johnnygswinnipeg.ca
- 29** **Kevin's Bistro**
141 Bannatyne Ave
204-221-5028
kevinsbistro.ca
- 39** **Kimchi Cafe**
61 Albert St
204-989-2288
kimchicafewinnipeg.com
- 16** **King + Bannatyne**
Unit D, 100 King St
204-691-9757
kingandbannatyne.com
- 20** **King's Head Pub**
120 King St
204-957-7710
kingshead.ca
- 3** **Little Brown Jug**
336 William Ave
204-500-0441
littlebrownjug.ca

NIGHTCLUBS

- 19** **Mazaf Restaurant & Bar**
111 Princess St
- 167** **Mercatino**
201 Portage Ave
204-615-7797
mercatino-fresh.com
- 22** **Miss Browns Hot Pressed Sandwich & Coffee Co.**
288 William Ave
204-615-1161
missbrownswinnipeg.com
- 32** **The Mitchell Block**
173 McDermot Ave
204-947-9032
themitchellblock.com
- 7** **Parlour Coffee**
468 Main St
parlourcoffee.ca
- 66** **Patent 5**
504 Alexander Ave
204-995-4999
patent5.ca
- 5** **Peg Beer Co.**
125 Pacific Ave
204-416-2337
- 77** **Pho Hoang**
235 Portage Ave
- 4** **RRC Culinary Exchange**
501 Main St
blogs.rrc.ca/culex
- 71** **Saddlery on Market**
114 Market Ave
204-615-1898
saddleryonmarket.com
- 10** **Shawarma Khan**
225 McDermot Ave
204-504-0453
shawarmakhan.com
- 3** **Smoke's Poutine**
131 Albert St
204-253-2873
smokespoutine.com
- 37** **Starbucks Coffee**
201 Portage Ave
204-943-0660

THE EXCHANGE DISTRICT BIZ

- 212** **Notre Dame Ave**
204-942-7800
- 2-123** **Princess St**
204-947-9405
- 160** **Princess St**
204-956-4468
- 58** **Albert St**
204-414-7070
vickysdiner.com
- Lower level, 177** **McDermot Ave**
204-942-6656
- 173** **McDermot Ave**
204-947-9032
themitchellblock.com
- 468** **Main St**
parlourcoffee.ca
- 504** **Alexander Ave**
204-995-4999
patent5.ca
- 283** **Bannatyne Ave**
204-989-7700
wowhospitality.com
- 125** **Pacific Ave**
204-416-2337
- 235** **Portage Ave**
- 501** **Main St**
blogs.rrc.ca/culex
- 61** **Albert St**
204-989-2288
kimchicafewinnipeg.com
- Unit D, 100** **King St**
204-691-9757
kingandbannatyne.com
- 120** **King St**
204-957-7710
kingshead.ca
- 336** **William Ave**
204-500-0441
littlebrownjug.ca
- 201** **Portage Ave**
204-943-0660

THE EXCHANGE DISTRICT BIZ

★ 492 Main Street
204-943-6716
exchangedistrict.org